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The Gathering 2011

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Welcome Letter

Dear Honoured Guests,

I am very pleased to welcome you to the Canadian College of Naturopathic Medicine (CCNM) for the 2011 Naturopathic Gathering. The Gathering has become an important and valued tradition for our naturopathic colleges and programs, and we at CCNM are excited to host the event this year for the first time.

The Gathering Organizing Team has done a wonderful job of scheduling a great slate of speakers and activities. This year's theme is the *Diversity of the Vis*; I believe you will be inspired, renewed, and rejuvenated after this weekend, filled with passion and commitment to make a positive impact in the world through your own, unique practice of naturopathic medicine.

Our entire community is glad you're here, and our goal is to make your experience enjoyable and meaningful. Our cafeteria and food services staff at Hearty Catering are looking forward to nourishing your bodies with delicious organic and local meals. We hope you will take some time to explore our campus; visit our fabulous Paracelsus Herb Garden, take a walk through the Robert Schad Naturopathic Clinic (RSNC), and browse through our health & wellness store (BMS Resources) as well as our library. Don't forget to take a pause along the park trails surrounding our school and discover all that Toronto has to offer.

Thank you for your commitment to learning, to the preservation of naturopathic principles and philosophies, and to the building of community within the profession. Your presence here at CCNM for the Gathering is a gift and a blessing we are very grateful for.

In Health,



Bob Bernhardt B.Sc., M.Ed., LLM, PhD
President & CEO

THE GATHERING 2011

Thank You!

There are so many wonderful individuals that we would like to take the time to thank. This Gathering would not have happened without the dedicated support of many volunteers, and many others who helped make this happen.

We would especially like to thank...

- ❖ All of the speakers for making the trip here, for inspiring us throughout the weekend, and for supporting the Vis!
- ❖ Dr. Paul Epstein for leading meditation sessions during the Gathering
- ❖ Natasha Grod for leading us in yoga
- ❖ Robert Kennedy Publishing for graciously donating books
- ❖ Lauren Zintel for her paparazzi skills as our weekend photographer
- ❖ Hearty Catering for preparing delicious and nutritious food for us
- ❖ Watermark Pub for providing a place for us to mix and mingle Saturday night!
- ❖ The CCNM Naturopathic Student Association (NSA) for recognizing the importance of this event for students and for your financial support.
- ❖ Bob Bernhardt, Patti Scott and the administrative team for their help and support of The Gathering
- ❖ CCNM Residence Services for setting up housing for us for the weekend
- ❖ All the tireless volunteers for your ideas, input, enthusiasm, dedication, resourcefulness and just plain beauty. You may have never experienced The Gathering first-hand but you stepped up, regardless.

Speaker Bios and Discussion Topics

Dr. Tabatha Parker, ND

Master of Ceremonies

Bio:

Dr. Parker is co-founder of Natural Doctors International (NDI) and an alumna of National College of Naturopathic Medicine (NCNM) in Portland, Oregon. She holds a naturopathic medical degree in California and also a general medical degree in Nicaragua. She completed her B.A. in Women's Studies at the University of Colorado in Boulder, interning at the Boulder Valley Women's Health Clinic. She currently resides on the island of Ometepe in Nicaragua, Central America.

As Executive Director of NDI, Dr. Parker develops worldwide naturopathic sites, attends patients in NDI's free community clinic, and leads Global Health Courses. Dr. Parker remains on the cutting edge of international health care and activism in natural medicine and works to inspire students and doctors to become active globally. In addition to her clinical work, Tabatha is a writer, humanitarian and social justice activist. She is an active member of the American Association of Naturopathic Physicians (AANP) Doctors for Global Health (DGH) and the Global Health Council (GHC).

Dr. Iva Lloyd BScH, RPE, ND

Opening Ceremonies Welcome Address

Bio:

Iva Lloyd graduated from the Canadian College of Naturopathic Medicine in 2002. In addition to her ND degree, Iva has a BScH in Life Sciences from Queen's University, is a Reiki Master, a Registered Polarity Practitioner and Educator, and a Registered Holistic Nutritionist.

Dr. Lloyd is the founder of Naturopathic Foundations Health Clinic a multi-disciplinary clinic in Markham, Ontario that focuses on the naturopathic and energetic aspects of assessment and treatment. She is part-time professor at the Canadian College of Naturopathic Medicine and past-Chair of the Canadian Association of Naturopathic Doctors (CAND).

Dr. Lloyd is the editor of the *Vital Link*, the journal of the CAND and sits on various other editorial boards. She has written many articles on health related topics for *Energy Currents*, *International Energy*, for the *Healthy Living* magazine and for *Naturopathic Doctor's News and Review* journal, as well as other journals. She has been featured in Chateleine, Glow and other magazines.

She has done various seminars both nationally and internationally that focus on the energetic of health and naturopathic medicine. Dr. Lloyd is a consultant on preventive medicine, causal factors of disease and on promoting health strategies.

She is the author of four books, '*Building a Successful Naturopathic Practice*', '*Messages From The Body – a guide to the energetics of health*' and "*The Energetics of Health, a naturopathic assessment*" and "*The History of Naturopathic Medicine, a Canadian perspective.*"

Dr. Anthony J. Godfrey, BVSc, DTVM, PhD, ND

Keynote Address: *Conscious Co-Operation with the Vis Medicatrix Naturae*

Breakout Session: TBA

Bio:

Anthony is a naturopathic doctor practicing in a holistic family practice in the West End of Toronto. He graduated from the Ontario College of Naturopathic Medicine in 1990, and has emphasized the holistic

approach to life and health. He uses dietary and lifestyle counselling in conjunction with botanical remedies in both the Traditional Chinese Medicine and Western traditions.

He was a veterinarian in England from 1963 to 1965 after having graduated from Bristol University, but seeking a greater understanding of human and planetary health, he trained in tropical veterinary medicine. By the time he gained his DTVM, the political situation in Africa had deteriorated, so he went to California, USA in 1966, becoming head of biology department at a college in Pasadena. Realizing the need for higher education for an academic career, he pursued his Ph.D. in human anatomy, graduating from UCLA in 1973. After 6 years at Boston University, having become chairman of the Department of Health Sciences, he decided to investigate a more holistic approach to human health and healing.

He moved with his family to Toronto in 1980, and began teaching anatomy at OCNM and eventually entered the program. After graduation in 1990, he resumed teaching and has taught Botanical Medicine and Naturopathic History, Philosophy and Principles up to the present time. He now holds the position of Adjunct Professor at CCNM, and continues his practice in Toronto and Orillia.

Anthony's main interest is to understand the process of healing and he teaches the principles of healing in a number of venues and settings.

Dr. Don Warren, ND

Keynote Address: *The recent history of naturopathic medical education as a metaphor for understanding the unity . . . and the diversity of expression of the Vis.*

Breakout Session: *Understanding the Vis . . . a key to building a successful practice.*

Bio:

Don Warren is a 1984 graduate of NCNM has served in a number of leadership roles in the profession including president of the Canadian College of Naturopathic Medicine and president of the Council on Naturopathic Medical Education. He was a founding member of the Academic Consortium for Complementary and Alternative Medicine, served on an advisory panel for the U.S. Institute of Medicine (IOM) Committee on the Use of Complementary and Alternative Medicine by the American Public, and is presently a Senior Editor for the Naturopathic Foundations project. He is currently a principle investigator for the Rwanda Selenium Supplementation Clinical Trial. Don practices out of the offices of Naturally Well in Ottawa. He lives with his wife Barbara on a 100 acre organic farm just outside Ottawa. His 12 grandchildren keep both he and Barb young at heart and smiling.

Dr. Gerald Farnsworth DC, ND

Keynote session: *The Milk Myth*

Bio:

Dr. Farnsworth earned his chiropractic and naturopathic degrees from Canadian Memorial Chiropractic College in Toronto. He has served the naturopathic medical profession continuously since 1952, when he joined the British Columbia Naturopathic Board of Governors.

A former NCNM board chair, Dr. Farnsworth also served on the NCNM board from 1956 through 1979. He is a lifetime member of the British Columbia Naturopathic Association and the College of Naturopathic Physicians of British Columbia; a past president of Canadian Association of Naturopathic Doctors; a Trustee Emeritus of Bastyr College; and a founding member of Northwest Naturopathic Physicians' Convention, where he has served continuously from 1957 to the present.

Dr. Letitia Dick-Kronenberg, BSc, ND

Keynote address: *Evidence Based Naturopathy and the Therapeutic Order: Our History, From Me to You*

Breakout session: *The True Methods of Constitutional Hydrotherapy*

Bio:

Dr. Dick-Kronenberg earned her Bachelor of Science in Biology at Eastern Washington University where she graduated Magna Cum Lauda in 1985. She earned her doctorate in Naturopathic Medicine in 1990 from National College of Naturopathic Medicine. She then completed a 3-year residency with her late father, Dr. Harold Dick. After his passing she continued his classical Naturopathic clinic in Spokane WA, now over 50 years old. Dr. Dick is adjunct faculty at Bastyr University, a co-founder of the Carroll Institute of Natural Healing, a contributor and co-lead editor of the Nature Cure Section of the Foundations textbook project, and an international speaker / medical educator. Her current passion is fighting breast cancer with early detection via digital breast thermal imaging and therapeutic intervention with constitutional hydrotherapy.

Dr. Pamela Snider, ND

Keynote Address: *The Diversity of the Vis Medicatrix Naturae (VMN)*

Breakout Session #1: *Exploring the VMN*

Breakout Session #2 with Dr. Jared Zeff: *Emunctology- an old clinical science brought to a new generation of Naturopathic physicians*

Bio:

Pamela Snider, ND is Executive and Senior Editor for the *Foundations of Naturopathic Medicine Project*, an international textbook of Naturopathic medicine with Elsevier. A nationally recognized integration and CAM policy leader, she is active in national and regional integration initiatives. Dr. Snider serves on the Executive Committee of the *Academic Consortium for Complementary and Alternative Health Care (ACCAHC)*, was ACCAHC's founding Executive Director and is Vice Chair of the *Integrated Healthcare Policy Consortium (IHPC)*. Her public policy work includes completing a two year appointment to the DHHS Center For Medicaid and Medicare Services (CMS) *Medicare Coverage Advisory Committee (MCAC)*; co-directing in USPHS Region X the *Building Bridges Between Provider Communities Group*, an exploration of interdisciplinary collaboration and common ground between public health and CAM disciplines and organizations; serving on Washington State's *Health Professional Loan Repayment and Scholarship Program Advisory Committee (HPLRSP)*; providing technical assistance to and developing key language for the enabling legislation for the *NIH Center for Complementary and Alternative Medicine (NCCAM)*; and staffing Joseph Pizzorno ND during his appointment as Commissioner to the *White House Commission on Complementary and Alternative Medicine Policy*.

From 1994-2003, Dr. Snider served as Associate Dean for Public and Professional Affairs, and Associate Dean for Naturopathic Medicine at Bastyr University, dividing her work between academic and public affairs activities, including chairing the naturopathic medicine program's curriculum review committee. Currently an Associate Professor at National College of Natural Medicine (NCCM) in Portland, OR, Dr. Snider also continues at Bastyr University in her seventeenth year as a faculty member teaching naturopathic medicine history, naturopathic clinical theory, and naturopathic medicine in global context. In 1989, she co-led the naturopathic profession with Dr. Jared Zeff, in developing a unifying definition of naturopathic medicine and its principles of practice unanimously adopted by the American Association of Naturopathic Physicians (AANP). She was a co-investigator in the 2004 NIH NCCAM research study the *Naturopathic Medical Research Agenda* and CAM Advisor in NIHCCAM's *Financing Integrative Health Care* (University of Washington). Her areas of experience and expertise include health care education; naturopathic and interdisciplinary clinical theory; curriculum development; clinical practice; government affairs and public policy; interdisciplinary collaboration and public health; and experience in complementary and alternative medicine research. Dr. Snider has received the Ontario Naturopathic Physician of the Year Award, the Physician of the Year Award from the AANP, the President's Outstanding Vision Award and the Distinguished Alumnus Award at Bastyr University, AANP's President's Award and an honorary Doctorate of Naturopathic Philosophy from the

Canadian College of Naturopathic Medicine (CCNM). She received her ND degree in 1982 from Bastyr University of Natural Health Sciences and is a licensed naturopathic physician in the State of Washington, where she lives on a homestead in beautiful North Bend, Washington; gateway to the Cascade wilderness Washington with her husband and four children.

Dr. Jared Zeff, ND, LAc

Breakout session with Dr. Pamela Snider: *Emunctorology- an old clinical science brought to a new generation of Naturopathic physicians*

Bio:

Jared Zeff is a licensed doctor of naturopathic medicine and a licensed acupuncturist. In addition to maintaining a private practice in Vancouver, Washington, Dr. Zeff currently teaches naturopathic clinical theory and medical history at Bastyr University, College of Naturopathic Medicine, in Seattle.

After receiving a Bachelor of Science degree from the University of California in 1974, Dr. Zeff graduated from the National College of Naturopathic Medicine in 1979. He pursued a dual career in clinical practice and academics, teaching at the National College of Naturopathic Medicine in Portland. He graduated from the Emperor's College of Traditional Oriental Medicine in 1987. He has taught at NCNM, Bastyr University, St. George's College of Medicine in Grenada, the Emperors College of Traditional Oriental Medicine, and the Oregon College of Oriental Medicine. He was awarded the first full professorship in naturopathic medicine ever granted by National College in 1988. He was offered the position of Academic Dean at National College in 1988, which he held until 1993, when he returned to full-time practice.

Dr. Zeff is considered a traditionalist, practicing a classical form of naturopathic medicine. He began a private practice in McMinnville, Oregon, in 1979, based around obstetrics and family medicine. In 1993, he moved his practice to the Portland area, and in 2001 moved with his family to the Vancouver area. He currently works primarily with family medicine and chronic disease.

He was named "Naturopathic Physician of the Year" in 1989 for his contribution to the development of naturopathic clinical theory. In April, 2002, he was given the first Lifetime Achievement Award of the Northwest Naturopathic Physicians Association for his contributions to naturopathic medical education.

Dr. Paul Epstein, ND

Breakout session 1: *Transforming Stress, Pain and Illness into a Journey of Self Healing and Awakening/ The Liberating Experience of Facing Painful Truth*

Breakout session 2: *The Healing Power of Unconditional Presence: Cultivating Healing Qualities of Being Who we are is as important as what we know How we be is as important as what we do*

"In the beginner's mind there are many possibilities, in the expert's there are few..."

– DT Suzuki, *Zen Mind, Beginner's Mind*

Bio:

Dr. Epstein is a Naturopathic Physician and Mindfulness Meditation Teacher specializing in Mind-Body Integrative Medicine and treating people with stress related symptoms and diseases. Dr. Epstein's career in natural healing spanning almost 30 years, includes extensive studies and practice in mindfulness meditation, stress reduction, Buddhist psychology, and psychotherapy in a spiritual context. Paul has recently trained in the Internal Family System Model of Psychotherapy. Paul is a graduate of the 3 year community dharma leader (CDL) training program of Spirit Rock Meditation Center. He has a background as well as a certified yoga instructor, and has had extensive training in clinical guided imagery. He emphasizes the clinical application and integration of these mind-body whole person therapies and techniques and holistic counselling within natural health care and medicine. He is a co-founder and was a co-director of the Israel Center for Mind-Body Medicine. He lectures extensively and leads workshop and retreats worldwide and offers mindful healing seminars. He maintains a private practice in Westport, CT.

Dr. Christopher Sowton, ND, FCAH**Breakout Session:** *How Do We Communicate With Our Inner Healer?***Bio:**

Christopher graduated from O.C.N.M. in 1988, and has practiced in Toronto since that time, specializing in classical homeopathy and psychotherapy. After graduating as an N.D. he went on to further study in homeopathy, graduating as an F.C.A.H. (Fellow of the Canadian Academy of Homeopathy) in 1991. Since then he has continued his homeopathic education with Jeremy Sherr, Rajan Sankaran, Alize Timmerman, and many others. Christopher has taught homeopathy at the Naturopathic College since 1989. His particular interests include the use of dream material in homeopathy and medicine in general, the healing power of plants and gardens, and new homeopathic provings. In 2007 he published *The Dreamreading Manual*, a reference work designed for practitioners who work with their client's dream material. He has also published homeopathic provings of *Tela araneae*, the spider web, and *Abies balsamea*, the Balsam Fir).

Dr. James S Sensenig, ND**Breakout Session 1:** *Diversity in the Practice of Homeopathy***Breakout Session 2:** *Vitalism is not our Achilles' heel; it's our strength***Bio:**

Dr. Sensenig has been practicing naturopathic medicine for nearly thirty years and is well-known for helping thousands of people regain their health. Dr. Sensenig sees patients with complaints of all kinds, and is particularly interested in the treatment of digestive diseases, headaches and migraine, joint and muscle complaints, and chronic fatigue. He also sees children with health problems ranging from asthma and eczema to developmental delays and autism.

Dr. Sensenig graduated from the National College of Naturopathic Medicine in Portland, Oregon where he later served as Dean of Education. He was the founding President of the American Association of Naturopathic Physicians, the Chairman of its Government Affairs Committee for a decade, and the founding Dean of the College of Naturopathic Medicine at the University of Bridgeport (Connecticut).

Dr. Sensenig has consulted for a number of government agencies, insurances companies, colleges and natural products companies. He is on the faculty of the Southwest College of Naturopathic Medicine in Tempe, Arizona and the University of Bridgeport, College of Naturopathic Medicine.

Dr. Jim Farquharson, ND**Breakout Session:** *Vis - Disease & Recovery***Bio:**

After a lengthy and successful career as an insurance underwriter and general insurance broker, Jim attended Wilfred Laurier University, graduating in 1986 with a bachelor of Arts in Psychology and Biological Sciences (with distinction) . He then attended the Ontario College of Naturopathic Medicine (now the Canadian College of Naturopathic Medicine) graduating in 1990 as co-valedictorian. He set up a family practice in Ayr, Ontario, where he continues to practise eclectic Naturopathy, particularly homeopathy, nutrition and counselling.

Jim is a third generation Naturopathic Doctor. He is the proud grandson of Dr. James Farquharson (Dec. 1944) who was instrumental in the development of the first regulation for ND's in Ontario in 1925 and the proud son of Dr. Robert Farquharson (Dec. 1991) who practiced in Orillia for 45 years and co-founded the Ontario College of Naturopathic Medicine in 1978. Jim is the father of five children, the eldest of whom is a Naturopathic doctor, Dr. Rebecca Cannon.

Jim has served as an OAND board member (1990 – 1996), as vice chair in 1993 and as chair in 1994 and 1995. He served as a board member of the CAND during 1994 – 1996 and as a committee member of several committees of the Canadian College of Naturopathic Medicine during the years 1993 – 1996. He served as a member of the palliative care committee (Waterloo Region) during 1998 – 1999. Jim returned to serve on the OAND in April 2007 and continues to serve to this date.

Jim's passions include his faith (serving on the leadership board of Forward Baptist Church in Cambridge as an elder), his family (five children and 10 grandchildren, his clinics in Ayr and Nairobi, playing golf and ice hockey, reading and travel.

In 2005, Jim started developing naturopathic humanitarian medical work in Nairobi, Kenya. To date, he and his staff operate five part time clinics in the townships surrounding Nairobi, where they provide free health care to hundreds of patients monthly, including those suffering with AIDS/HIV. These patients are treated with homeopathic medicines, botanical medicines, nutritional supplements and Bowen technique.

Dr. Rena Bloom, ND

Breakout Session: *The woman with a breast like a basketball, and other stories from 20 years in practice.*

Bio:

Dr. Bloom is a 1991 graduate of the National College of Naturopathic Medicine. This is her 20th year at the Denver Naturopathic Clinic, which she established after graduation with her husband, Dr. Jacob Schor. After many years of lobbying the Colorado legislature to pass a licensure law for ND's, Dr. Bloom still finds herself working in an unlicensed state. This reality creates a unique environment for the practice of naturopathic medicine. Though some may see the limitations, there still exists limitless ways to help patients seeking naturopathic care. Dr. Bloom is a past president and past legislative chair of the Colorado Association of Naturopathic Doctors. She currently enjoys having more time to devote to her patients and to her practice. She is honoured and delighted to have been invited to spend time with ND students at the Gathering.

Dr. Jacob Schor, ND

Breakout Session: *Knowledge versus Belief?*

Bio:

Dr. Schor graduated from NCNM in 1991 and has practiced in Denver, Colorado with his wife Rena Bloom ever since. He served as president or legislative chair of the Colorado Association of Naturopathic Physicians for many years. The AANP awarded him the first Vis Award in 2008. He is associate editor of the Natural Medicine Journal, the oncology editor of Naturopathic Doctors News and Review, and on the editorial board of the International Journal of Naturopathic Medicine. He is current president of the Oncology Association of Naturopathic Physicians and chairs the AANP's Conference Speaker Selection Committee.

Dr. John Dye, ND

Breakout Session: *Duality and Illness: Exploring the Up-and-Down Side of the Vis*

Bio:

- B.A., Psychobiology, Whittier College; 1974
- ND, National College of Naturopathic Medicine, in Portland Oregon; 1979
- Professor / Chair of Mind-Body Medicine, SCNM

Dr. Dye's early interest in natural childbirth led him to develop a practice which integrated mind-body healing principles. He has been Department Chair of OB-GYN at SCNM, co-founder of the American Gentle Birthing Association in Portland, OR, and clinic director of a multidisciplinary medical healing center in Sedona, Arizona. He has completed certification training in biofeedback and neurofeedback and co-instructs these elective courses at SCNM. In addition, Dr Dye is known for his advanced workshops in psycho-kinesiology and mind-body clearing techniques, which he has taught to students in workshops at SCNM, NCNM, and Bastyr.

Dr. Dye currently teaches endocrinology as well as several mind-body medicine courses at SCNM. He brings these clinical skills and guidance to medical students and patients at the Southwest Naturopathic Medical Center, where he integrates broad-scope naturopathic healthcare and a wide range of mind-body healing methods, including process-oriented counselling, medical-hypnotherapy, EMDR, various tapping/clearing protocols, holographic imagery, biofeedback, and neurofeedback.

Dr. Paul Bergner, ND

Breakout Session: *Medical Herbalism in the Vitalist Paradigm*

Bio:

Paul Bergner is Director of the North American Institute of Medical Herbalism in Boulder, Colorado, where he offers clinical training in medical herbalism and clinical nutrition in a two-year program. He has edited the *Medical Herbalism* journal since 1989. Paul has studied and practiced natural medicine since 1973, with formal studies in nature cure, medical herbalism, clinical nutrition, traditional Chinese medicine, Ayurvedic medicine, Unani medicine, flower essences, yoga therapy, and bodywork, including undergraduate studies in pre-medicine and psychology and doctoral level studies in medical sciences and natural therapeutics at the National College of Naturopathic Medicine. In addition to directing the school and clinic at the NAIMH, he taught undergraduate nutrition at Naropa University for seven years, and is guest faculty in Nutrition and Herbalism in the Masters in Herbal Medicine program at the Tai Sophia Institute. He has authored seven books on medical herbalism, clinical nutrition, ethnobotany, and naturopathic medicine.

Dr. Louise Edwards, ND, LAc

Breakout Session: *The Vis and Capacities of Consciousness*

Bio:

Dr. Edwards graduated from the National College of Naturopathic Medicine in 1988 and the Oregon College of Oriental Medicine in 1989.

Dr. Edwards is a member of the AANP "Founders Club" and served on the American Association of Naturopathic Physicians (AANP) Board in the early 90s, chairing the committee on unlicensed states. She also worked for 10 years on the licensing effort in Colorado.

Teaching is one of her many loves. Dr. Edwards has presented in many different forums including elementary schools, high schools, colleges, post graduate programs, professional conferences and multiple public forums. She has been a member of the adjunct faculty at Bastyr University in Seattle since 2000, where she teaches "Naturopathic Philosophy and Clinical Theory" and "Introduction to Cell Salts". She is also adjunct faculty for the new naturopathic program at National University of Health Sciences in Lombard, Illinois. She has also presented at National College of Naturopathic Medicine, Southwest College of Naturopathic Medicine and San Francisco State University.

She had a private practice at Namaste Health Center, in Durango, CO from 1990 until 2005 and still sees a few clients in her home office.

Dr. Edwards' practice is a general, family practice which is rooted in traditional naturopathic principles and oriental medicine. The modalities that she uses most often are education, nutrition, life style enhancement, counselling, homeopathy, manipulation, hydrotherapy, Chinese herbs, acupuncture and compassion. She has had a life-long interest in spirituality and the capacities of human consciousness, has studied many spiritual traditions and has integrated that interest into her medical practice and classes. She has lectured on "Spirituality, the Science and Clinical Application" at the annual AANP conventions and several times as a guest lecturer at San Francisco State University.

At the 2011 AANP Convention, Dr. Edwards was awarded with the prestigious Vis Award for her commitment to the healing power of nature as a guiding force in her work.

Currently Dr. Edwards is focusing on teaching and writing a book for the general public on naturopathic principles and the laws of ecology.

Dr. Joseph Kellerstein, DC, ND, FCAH, CCH

Breakout session: *Stalking the Wild Symptom*

Bio:

Dr. Kellerstein is a long-standing clinical instructor at CCHM's Teaching Clinic in addition to overseeing the Mentorship Training Program for Post Graduate students at CCHM's affiliate teaching facility, BLUEPRINT Wholistic Health Clinic. He is a highly regarded speaker on the International Homeopathic Conference circuit and delights in sharing his vast expertise with his students. He is genuinely one of the pillars of the professional Canadian homeopathic community.

Dr. Kellerstein graduated with a Bachelor of Science degree from the University of Toronto in June 1976. He then studied at the Canadian Memorial Chiropractic College, graduating in 1980 with the degree of Doctor of Chiropractic with honours. He also received the Dr. Walter Sturdy Memorial Award for general proficiency over the 4 year program, plus the J.M. Wallace award for academic proficiency in the graduating year. He then went on to study Naturopathic medicine at the Ontario College of Naturopathic Medicine (now CCNM), graduating in 1984. At the OCNM he was class valedictorian.

He has had a Chiropractic and Homeopathic practice in Oshawa and Toronto since 1984.

In 1991 he graduated from the Canadian Academy of Homeopathy and is a Fellow of that institution.

He has lectured at the Canadian College of Naturopathic Medicine from 1987 to the present; and lectured at the Canadian Academy of Homeopathy from 1990 to the present.

He was also Chairperson Department of Homeopathy at that institution from 1992-1993.

His mission statement is "To facilitate the healing and personal growth of my clients through communication, awareness and vitality enhancing therapies - especially homeopathy".

Dr. Verna Hunt, BSc, DC, ND

Breakout session: *The value of good questions in Naturopathic Medicine to help our Earth and Her inhabitants to heal individually and collectively using the healing power of nature*

Bio:

Dr. Hunt has been practicing as a Chiropractic and Naturopathic Doctor, for over 30 years. She owns and operates The Centre for Health and Well Being in Toronto established in 2005. Dr. Hunt has developed a health care process focusing on health optimization for the individual - "The Health & Well Being Partnership™". She uses many therapeutic tools and techniques to customize her clients' protocols for their evolving health. She acts as a medical advisor to colleagues and companies, which service holistic healthcare. Dr. Hunt writes and teaches presenting through her organization Being Well Communications, on a wide scope of topics.

Dr. Larry Nusbaum, MD

Breakout Session: *Physician Heal Thyself: The Power of Self-Care in Health Care*

Bio:

Larry Nusbaum is a family physician, psychotherapist, storyteller, and musician who lives and practices in Toronto, Canada. He graduated from the University of Toronto medical school in 1982 and completed his family medicine training at McMaster University in Hamilton Ontario. Since then he has been designing and

teaching self-care/self-healing tools that help people harness the power of their intuition, creativity, spirituality and imagination.

He is also passionate about Practitioner Wellness as a foundation for the care of others. Over the past 20 years he has led numerous retreats and workshops for physicians, residents, medical students, naturopathic medical students, and allied health professionals throughout the U.S, Canada, and Israel. He teaches Ethics and Self-Care for the General Practice Psychotherapy Association and is on the board of the Spirituality in Health Care Association in Canada. Since 2003 he has been active with the American Holistic Medical Association and a mentor for the American Medical Student Association.



Announcements

Name Tags:

Please wear your nametags! Due to the close proximity of the RSNC and other events happening on campus, there could be members of the public floating around. Please wear your name tags at all times throughout the weekend for security purposes. In addition, we ask that you wear your name tags to the Saturday Night Social.

Food:

Breakfast and lunch on Saturday and Sunday are included in the cost of the tickets. Vouchers will be needed for all meals, and will be handed out at check-in.

In order to have the opportunity to maximize our time with the speakers, we ask that speakers are allowed to go through the food line first. They will be sitting throughout the cafeteria, and attendees will be able to mingle with them during meals.

Additional snacks and beverages will be available and provided throughout The Gathering.

Mugs:

Drinks and snacks will be available throughout the weekend. To reduce the use of disposable cups, we ask that you bring your own mug.

T-Shirts:

T-shirts will be for sale throughout the weekend. We tried our very best to get sizes and colors that would accommodate everyone, so we hope you like them! CASH ONLY (in CAN funds), cost TBA.

Opening & Closing Ceremonies- Water Exchange:

For the purpose of our opening and closing ceremonies, we ask that you bring a small, re-sealable container of water from any source that resonates with you. The water does not need to be drinkable.

For those crossing the border into Canada, remember to stow your water in your checked baggage.

Weekend Weaving:

In addition to bringing water, please bring a small item of significance (note: an item could also be a poem, letter, affirmation, quote, etc.) that you would like to share. This might be something you bring or something you discover during the course of the weekend. We will give attendees the opportunity to incorporate this item into a woven masterpiece that will be created throughout the weekend.

Future Gathering Hosts:

Are you interested in bringing The Gathering 2012 to your school? If so, please come prepared to share your thoughts and ideas about hosting. There will be some time set aside after meals to have this important discussion. Listen for announcements during The Gathering for more information.

Saturday Night Social

Who:

You! All Gathering attendees are welcome. In addition, please feel free to bring partners and friends. However, food is for Gathering attendees only.

What:

Join us for food, drinks, socializing, and performances by various talents! There will also be an open mic portion of the evening. This is a time for sharing something you have learned during the weekend or to play a tune or two. There will be an acoustic guitar provided but feel free to bring an instrument and show off your uniqueness. Dinner is included but drinks are extra. Gathering attendees will receive a ticket for food. Please wear your name tags (or at least have it with you) so we can identify you as an attendee.

When:

Saturday, November 5th 2011

7:30pm – 1:00AM

(Note: Subway stops running at 1:30 but stops at 12:30AM North of Eglinton- buses available)

Where:

Watermark Irish Pub and Restaurant featuring a panoramic view of Toronto's harbour front

Location:

Queen's Quay Terminal- Downtown Toronto

207 Queen's Quay West

Toronto, ON M5J 1A7

Tel: 416-214-2772

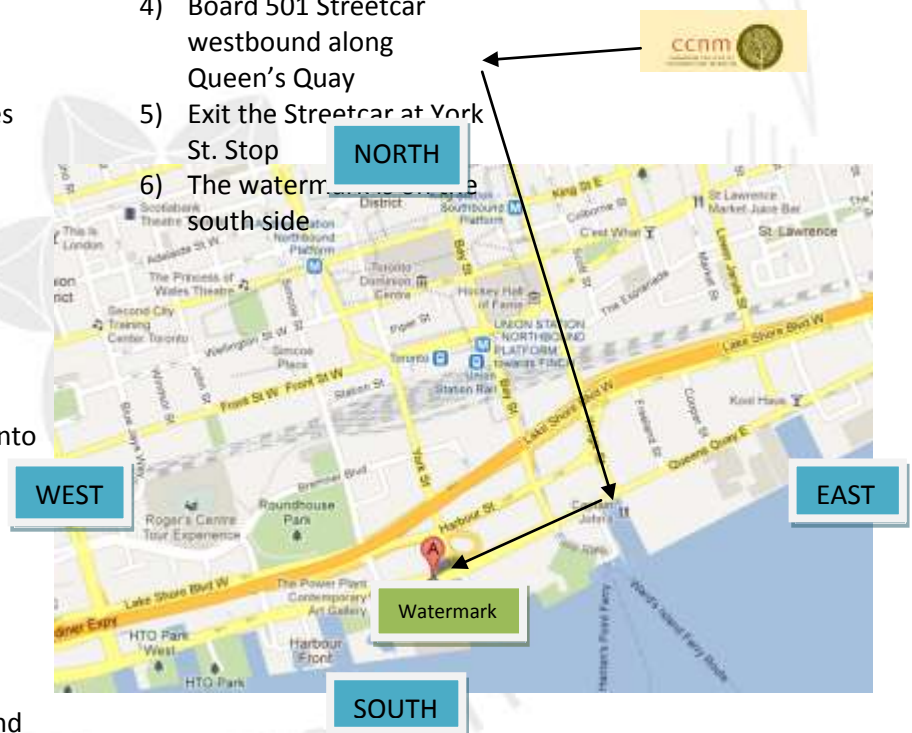
<http://www.watermarkirishpub.ca>

Directions:

TTC Subway from CCNM:

- 1) Take the Sheppard line Westbound to Sheppard-Yonge
- 2) Transfer to the Yonge-University-Spadina line and head southbound to Union station
- 3) Exit the train at Union Station and head to the streetcar located within the station (look for signs directing you on the train platform- do not

- exit the station or you will have to re-pay)
- 4) Board 501 Streetcar westbound along Queen's Quay
- 5) Exit the Streetcar at York St. Stop
- 6) The waterfront south side



Menu

All meals will be served in our cafeteria and provided by Hearty Catering which strives to use the finest seasonal and organic ingredients, providing food experiences that delight the senses and nourish the body while supporting local producers and a sustainable food chain. All meals have gluten free, dairy free, vegan options available.

Breakfast (both mornings):

Porridge with side of milk and milk alternatives, with all the fixings (certified gluten free available)

Gluten-free muffins: spelt flour base: zucchini-date (no sugar), carrot-chocolate chip, apple-cinnamon, orange-chocolate

Mixed Fruit

Beverages: coffee, tea, juice, etc.

Saturday Lunch:

Gluten-free pasta lunch buffet: Brown rice pasta with tomato-vegetable sauce (available with meat/chicken or vegetarian and vegan)

Green salad with apple cider vinaigrette

Carrot-beet salad

Sunday Lunch:

Gluten-free Sheppard's pie: Free-range meat sheppard's pie or Millet-Quinoa-lentil-vegetable vegan sheppard's pie

Served with homemade gravy (gluten-free and vegan)

Mixed green salad

Carrot-beet salad

Snacks and beverages:

Available throughout the weekend

Not From Toronto?

**If you happen to arrive early for The Gathering, we will be offering a guided tour of the city by CCNM students prior to registration on Friday. All attendees welcome!
If interested e-mail Julie at: julie.s.hwang@gmail.com**

CCNM Address:

1255 Sheppard Avenue E
Toronto, Ontario
M2K 1E2
Phone: (416) 498-1255
Toll Free: 1-866-241-2266
Clinic: (416) 498-9763

For a detailed map go to www.naturopathicgathering.com and click on the Directions tab.

How to Get to CCNM:

BY TTC

CCNM is directly on the subway line! Take the Yonge-University-Spadina subway (yellow line) to Sheppard-Yonge Station, then take the Sheppard subway (pink line) east to Leslie Station (third stop). On your return trip (leaving CCNM), you will require a token or Metropass to use the Old Leslie St. Entrance (at the top of the hill) and the entrance at the corner of Sheppard and Leslie; if you are using cash or tickets, enter via the Sheppard Ave. E. entrance.

BY CAR

From Hwy 401: Take Leslie St. north to Esther Shiner Blvd. Turn left on Esther Shiner Blvd. and turn right at the traffic lights, onto Old Leslie St. Continue to stop sign, then turn right. Follow signs to CCNM parking lot (at bottom of hill, on the right).

Eastbound Sheppard Ave.: Continue past Bayview Avenue, Ikea and Canadian Tire. Watch for road on right (immediately before Leslie Street). Turn right and follow road to CCNM parking entrance, on the left.

Westbound Sheppard Ave.: Continue past Leslie St. Turn right onto ramp just after Leslie St. intersection. Follow green sign that indicates 1255 Sheppard Ave. East. Turn left at top of hill, crossing overpass to stop sign. Turn left and follow road to CCNM parking entrance.

Southbound Leslie St.: Turn right onto Sheppard Ave. Take another right onto ensuing ramp. Follow green sign that indicates 1255 Sheppard Ave. East. Turn left at top of hill, crossing overpass to stop sign. Turn left and follow road to CCNM parking entrance.